

SOLIDARIETY AND ITALIAN EXPERTISE TOGETHER FOR THE III WEEK OF THE ITALIAN CUISINE IN THE WORLD

Khartoum – The III Week of the Italian Cuisine in the World –event coordinated by the Italian Ministry of Foreign Affairs and International Cooperation – closed the celebration during the Gala Night on December 6th at the Residence of the Italian Ambassador in Khartoum – Fabrizio Lobasso - in the presence of H.E the State Ministry for Cultural Heritage Sumeia Okud, members of board of directors of Riso Gallo and Dal Food, sponsors of the event in Sudan.

The week – organised with the support of the Italian Cooperation Development Agency (AICS) in Khartoum - has been celebrated through a number of events starting with the screening of the Italian Movie *Gli arancini di Montalbano* by Andrea Camilleri and the organisation of three cooking classes days for mothers in the most vulnerable and isolated areas of Khartoum, Dar El Mustakbel, Mayo and Dar El Salam in Omdurman.

The courses for mothers were based on preparing high nutrient biscuits made with local and affordable products such as sorghum and peanut butter in order to improve the nutritional intake of children during the weaning period. The cooking classes were based on the slogan “Cook Safely, Eat Safely”.

The three days benefited from the support of Ovci who distributed the Kushery – perfect combination of pasta, rice and lentils combining Italian expertise with simple and nutrient food belonging to the Sudanese gastronomic habit – and Oxfam Italia who guarantee lecture on hygiene and food preparation. The cooking classes and the awareness campaign on nutrition and hygiene were organised in line with Italy’s role as Donor Conveners in the UN Scaling Up Nutrition Programme aimed at boosting SDG#3: Good health starts with nutrition. Without regular and nutritious food, humans cannot live, learn, fend off diseases or lead productive lives.

The Ambassador of Italy – Fabrizio Lobasso - recalled that - as last year - the III week of the Italian Cuisine in Khartoum did not only showcase the excellence of our Country’s agri-food products but has been also the opportunity to combine solidarity with Italian expertise characterized by its simplicity and genuineness. We have reached the most vulnerable people of Khartoum promoting intercultural dialogue aimed at fighting against malnutrition and habits in favour of an increase of awareness and good practices, concluded the Ambassador.