



Bridging Gaps in Community Mental Healthcare:
Towards a Shared Path for Mental Wellbeing in
Sudan, Cameroon, Chad & Central African Republic

14th - 15th December 2022

Teatrino Franca & Franco Basaglia
Parco San Giovanni - Trieste



14th December 2022

9:30-10:00

REGISTRATION & WELCOME COFFEE

OPENING & WELCOME - CHAIRED BY MICHELE MORANA – AICS KHARTOUM

10.00 - 10.20

Antonio Poggiana, ASUGI General Director
Luca Maestripieri - AICS Director General
Pierfranco Trincas - Director DAI DSM - Mental Health Department
Azienda Sanitaria Universitaria Giuliano Isontina (ASU GI)
Roberto Colaminè – Deputy Director DGCS

10:20-10:40

Florence Baingana, WHO Regional Office for Africa
Riccardo Riccardi, Vice President and Health Regional Assessor, Friuli Venezia Giulia

AICS & DSM TRIESTE TOGETHER TO PROMOTE MENTAL HEALTH INITIATIVES
CHAIRED BY PIERFRANCO TRINCAS - ASUGI

10:40-10:50

The whole mental health system: The process of deinstitutionalization, principles and values in Trieste's Mental Health Organization
Alessandra Oretti, Mental Health Area, ASU GI

10:50-11:00

A Regional Perspective of AICS Action in Sudan
Michele Morana, AICS Khartoum

11:00-11:30

COFFEE BREAK

SESSION I - MULTIPLE PATHS, SAME GOAL
EXPLORING MENTAL HEALTHCARE IN CAMEROON, CHAD, CAR, & SUDAN

- 11:30 -11:45 State of play of mental health in Cameroon: achievements and weaknesses of the system
Justine Laure Menguene, Mental Health Department, Ministry of Public Health, Cameroon
- 11:45-12:00 Scaling up mental health care in Chad: Barriers & facilitators
Klako Karamega, National Mental Health Programme, Ministry of Public Health and National Solidarity, Chad
- 12:00-12:15 Integration of mental health services into primary healthcare in Sudan
Osama Elshafie Sirekhatim, Public Health Institute, Sudan
- 12:15-12:30 Mental health in Central African Republic: A brief overview and possible steps forward
Caleb Kette, National Programme of Mental Health and Substance Abuse, Central African Republic
- 12:15-12:30 Questions & Answers
Rapporteur Fabio Monni, AICS Khartoum
- 12:45-14:00 LUNCH BREAK
- SESSION II - INSPIRING CHANGE IN TACKLING MENTAL HEALTH:
VOICES FROM THE FIELD
- 14:00-14:15 Engagement and co-production: the personalized project and the role of the stakeholders, users, Associations, and social cooperatives
Arturo Rippa, Mental Health Area, ASU Gi & Stefania Grimaldi, Social Cooperative “La Collina”
- 14:15-14:30 A community mental health service delivery model called “Fracarita”
Elie Lowakondjo Lukangaka, Fracarita Center, Central African Republic
- 14:30-14:45 Empowerment and recovery-oriented services: The experience of the peer support workers in the mental health services
The Peer Support Team, Social Cooperatives “2001 Agenzia Sociale” and “Germano”
- 14:45-15:00 Coordinating mental health & psychosocial support in the far North Region of Cameroon: Facing the challenges, building solutions
Arsène Eyenga, Mental Health and Psychosocial Support at IMC-Cameroon
- 15:00-15:15 Leveraging lived experience: The case of the Cameroonian Association of People Living with a mental health problem
Didier Demassosso, Cameroonian Association of Persons Living with a Mental Health Problem, Cameroon
- 15:15-15:30 Questions & Answers
Morena Furlan, Mental Health Area, ASU GI
- 15:30-16:00 COFFEE BREAK



SESSION III - LEAVING NO ONE BEHIND:
IMPROVING THE ACCESSIBILITY & QUALITY OF MENTAL HEALTH CARE

- 16:00-16:15 Addressing mental health and psychosocial needs in Humanitarian Crises: The Lake Chad Basin case study
Fidele Ndiguitara, Disassociation, Reintegration, and Reconciliation (DDRR) Program, IOM, Chad
- 16:15-16:30 Mental health of children and youth with Intellectual disabilities and the challenges of their integration in the society
Omniea Salih, Al-Farouk Center for People with Special Needs, Sudan
- 16:30-16:45 Importance of workforce wellbeing in the private sector
Isra Abdellatif, Corporate Communications Director @ CTC Group, Sudan
- 16:45-17:00 Questions & Answers
Claudia Miniussi, Mental Health Area, ASU GI

15th December 2022

9:00-9:30

WELCOME COFFEE

SESSION IV - MENTAL HEALTH AND DEVELOPMENT
INTERDISCIPLINARY AND INTERSECTORAL SOLUTIONS TO CONTRIBUTE
TO THE SUSTAINABLE DEVELOPMENT GOALS

9:30-9:45

Putting principles into practice: Lessons from the Italian mental health reform
Maria Grazia Giannichedda, Basaglia Foundation

9:45-10:00

The quality rights programme & the multisectoral & multilevel approach in mental health
Tommaso Bonavigo, Mental Health Area, ASU GI

10:00-10:15

Global mental health: Biomedical models of psychiatric disorder and social & economics "norms".
Raimondo Cocco, AICS Khartoum

10:15-10:30

Questions & Answers
Alessandro Saullo, Mental Health Area, ASU GI

10:30-11:00

COFFEE BREAK

SESSION V - EXAMPLES OF INTERNATIONAL COOPERATION ON
MENTAL HEALTH: THE ISSUE OF RIGHTS.

11:00-11:15

The Renaissance 2 Project - Civil society and institutions work together for the rights, care & social inclusion
of People with Mental Distress in Burkina Faso
CVCS-Burkina Faso

11:15-11:30

How to transmit values and principles of community mental health in different settings. Strategies & mutual learning
Mario Colucci, Mental Health Area, ASU GI

11:30-11:45

Rethinking and reinventing ethno-psychiatry in Sub-Saharan Africa. From Senegal to Mozambique
Simona Taliani, University of Turin



11:45-12:00

Ivory Coast: The Fight to stop the practice of keeping mentally ill people in chains in Ivory Coast and other countries in Africa

Grégoire Ahongbonon, Saint Camille de Lellis Association, Bouaké, Ivory Coast

12:00-12:15

International cooperation projects to Implement Grégoire's efforts

Marco Bertoli, Mental Health Area, ASU FC

12:15-12:30

Questions & Answers

Roberto Beneduce, University of Turin

12:30-12:45

Closing remarks

AICS and ASU GI Representatives

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